

BROADSTAIRS & ST. PETER'S TOWN COUNCIL NEWSLETTER

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Photo by Abi Bentley @somerwheredarling

Town Council Updates

A look back at the Autumn/Winter season!

BROADSTAIRS UPDATES

The environmental sub-committee

Hedgehog homes to thank the residents!

As you may have read in our last newsletter, Broadstairs & St. Peter's Town Council's Environmental sub-committee have been helping house local hedgehogs! After the sub-committee's hedgehog surveys saw a vast number of responses from residents, the Councillors offered hedgehog houses to the residents.

These beautiful houses were hand made by Broadstairs Town Shed. (see their website below) and Cllr Roger Binks.

[Broadstairs Town Shed Website](#)

Hedgehog updates from residents!

Any prickly guests yet?

Although there's been several signs of prickly guests having a look round these houses, there has unfortunately been no permanent residents just yet! Barbara said " We have a hedgehog who comes to the feeding station and stops over in the hedgehog house for a rest , but by the morning has moved on to somewhere else"

We look forward to receiving more updates from our residents once the weather warms up!



Picture used with permission from resident.



Picture of Babrara's set up



Picture of Deborah's set up

November 5th Family Fireworks!

The fireworks on Viking bay were a great success this year. Thank you to our Officer Victoria Jenkins who organised this event for the people and visitors of Broadstairs, your hard work is very much appreciated! A big thank you to Viking Fireworks for the fantastic display! We hope everyone liked them!



Remembrance Sunday

A beautiful service lead by Reverend Jan Durrens took place at Broadstairs War Memorial on 14th November. Dignitaries, groups and organisations were able to lay wreaths at this service for the first time since 2019 due to the covid pandemic in 2020. Thank you to all of the residents that came to pay their respects and joined in with the service.

This service was organised by our Officer Abigail Barton and marshaled by Probe security, thank you for all your help!

Festive fun for all ages at Pierremont Hall!

Pierremont Hall played host to their first Christmas Kids Party this year. Where families were welcomed by the Christmas Fairy and enjoyed gingerbread decorating, arts and crafts involving letters to Father Christmas, who made a special stop to the Hall to give out special gifts.



The Christmas fun didn't stop there as The Makers Market returned for an incredible local market here at Pierremont Hall and what is Christmas shopping without a little Mulled Wine! Please visit The Makers Market website for their next event.

[The Makers Market Website](#)

All events at Pierremont Hall Are organised by our Events & Bookings Msnager, Leanne Hadden. We thank Leanne for all her hard work this year! She has made Pierremont a wonderful community venue this year despite the hardship of Covid. We can't wait to see what 2022 brings!



KENT COUNTY COUNCIL RECONNECT

Kent children and young people



Christmas is coming! Make sure you book tickets to some of the magical Christmas events happening in and around Kent, as some are selling out fast!

- Christmas markets - [Check out the best Christmas markets in Kent on the Great British Life website.](#)
- Ice rinks - there are ice rinks at Bluewater and Tunbridge Wells this Christmas. [For more details visit the Kent Online website.](#)
- Light shows - follow one of the magical light trails that are happening across Kent. [Find out more on the Great British Life website.](#)
- Pantomimes and theatres - It's panto season...oh no it isn't! [Find out where to see a show or panto on the Kent Online website.](#)
- Santa special train rides - Take a special train ride with Santa this Christmas. [Find out how to book on the Kent Online website.](#)
- Santa's grottos - [Find out where to see Santa on the Kent Online website.](#)

visit their website for more information

<https://www.kent.gov.uk/education-and-children/schools/reconnect/reconnect-activities-and-events/christmas-events>

MENTAL HEALTH DURING THE FESTIVE SEASON

help and support for all ages



Samaritans advice

*tips for taking care
of your mental
health*

Samaritans 116 123

Mind 0300 123 3393

Calm 0800 58 58 58

Women's Aid 0808 2000 247

Age UK 0800 678 1602

Childline 0800 1111

YoungMinds 0800 018 2138

Mens aid 0808 801 0327

Non emergency 111

Kent County Council release the pressure -Text the word Kent to 85258 or phone 0800 107 0160 for free confidential support at any time.

Many of us may be spending the festive season alone this year, whether by choice or due to other circumstances.

For some, this may be how you prefer to spend the time. For others, being alone can add extra pressure to what might already be a challenging time of year.

Whatever the reason, there are things we can do to help ease feelings of loneliness and feel connected to ourselves and others. Remember, there is no right or wrong way to spend the festive season. Instead, focus on what brings you joy or comfort at this time of year.

If you don't feel like there's anyone you can talk to, our volunteers are here for you. Call free, day or night, on 116 123 or email jo@samaritans.org.

In case it's helpful, we've gathered some tips for how to cope if you are spending the festive season alone.

Be kind to yourself

- *Prioritise what's best for you. At this time of year, there is a lot of pressure to do things that you may not actually enjoy. It is important to take time to rest and prioritise looking after yourself. Think about the ways you might be able to gently indulge and relax. If it's helpful, you can jot down your thoughts in the planner below.*
- *Take a break from the news and social media. If you find it hard to stay offline, focusing on other activities can help you switch it off. Try turning off your notifications or leaving your phone in another room while you're cooking, reading or out for a walk.*
- *Try this relaxing technique to help reduce feelings of stress: Raise your eyebrows for ten seconds. Then relax, and imagine all the tension leaving your body.*

BROADSTAIRS UPDATES

Working with Community Payback

shelter clean up!

The Community Payback team has improved the public spaces by cleaning and painting community assets on Broadstairs seafront this year. This has included refurbishing the clock tower, cleaning and painting railings and re-painting the Chandos Shelter. The community response has been amazing and it's great for Persons on Probation to receive the positive feedback from residents. The team have recently refurbished some memorial benches and we have had some special and emotional responses from the families saying thank you. The seafront area does get weathered so the project will provide them with plenty of work to come. And we would certainly welcome them back.



TOWN COUNCIL UPDATES

We are sad to say that after 13 years working for Broadstairs & St. Peter's Town Council, the Deputy Town Clerk Christine Chappell will be leaving. Christine has been much loved by staff and residents and Councillors, she has managed our allotments and planning committee during her time here and supported members of staff in their roles. She will be greatly missed by all the team and we hope she enjoys her time with her family.

We will be taking on a new member of staff Julie Belsey, as Senior administrator. We look forward to working with her and will tell you all about her role in our next news letter.

Broadstairs & St. Peter's Town Council wish everyone a merry Christmas and a happy new year, we look forward to 2022.